



Gender identity support from a designated team

Individuals who have transgender and/or gender affirming health care needs often face disparities in the care they receive. To help navigate what can be a complex and confusing system, UnitedHealthcare has a team of specially-trained Advocates to guide you—and your family—through your benefits, coverage and care options.

Our team of highly-trained Advocates take ownership of your inquiries and see them through to resolution; assisting not only with gender affirming care, but all of your health needs. Advocates provide compassionate, effective and comprehensive support regardless of where you are on your journey to health and wellbeing.

Some of the ways our Advocates can provide support:



Help connect you to medical specialists with expertise in gender dysphoria and gender affirming care



Engage appropriate clinical resources and assist with claims, referrals, and authorizations



Help you understand the pre-requisites and coverage if you're thinking about or planning gender confirmation surgery



Work with you to help you receive your medications



Connect you, and your family, with behavioral providers to help before, during, or after transitioning, or with other care needs



Assist with adding alerts to your account detailing what name you would like to be addressed as

We're committed to quality care for our members

Let our specialized team help you get the affirming care you deserve. Connect with us 8 a.m.–8 p.m., Monday–Friday at **1-800-326-9166**.

Learn more

Find out how we can help support your gender affirming health care needs by contacting us at **1-800-326-9166**